

Shelby Winter
Coke vs. Coffee

I chose to do this experiment because I think this project really means something. I wanted to do a project that I could learn from, and others who look at my project could learn from too. My problem is, "Which affects blood pressure more: Coke or coffee?" My hypothesis is, "If they drink coffee then it will affect their blood pressure more." To test my hypothesis I got 5 people to come to my house for 3 days, at the same time of day, and drink 3 different substances (Coke, coffee, and placebo-water), one on each day. My results were that coffee affected the blood pressure more. On average, coffee raised the blood pressure, and Coke lowered it, but coffee raised it more than Coke lowered it.