

Jacob McClendon  
*Take It or Leave It*

The purpose of this project is solely for educational benefit. The benefit is to find out if school lunch affects a person's body fat and Body Mass Index (BMI). The hypothesis is that the results will be scattered so the data won't be significant enough to draw an evident conclusion. The procedure was to have two groups of students who brought their own lunch and those who eat school lunch, then measure their BMI and Body Fat Percentage. The results did not show enough significant information as predicted. The results did support the hypothesis that the outcome was scattered; however, they didn't prove which was "healthier".